

Week 6: Overcoming Sloth
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"Yet we hear that some of you are living idle lives, refusing to work and meddling in other people's business. We command such people and urge them in the name of the Lord Jesus Christ to settle down and work to earn their own living. As for the rest of you, dear brothers and sisters, never get tired of doing good."

– 2 Thessalonians 3:6-10

5 DEADLY RESULTS OF SLOTH

- **Despair**

"The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life." – John 10:10

- **Financial problems**

"Lazy people sleep soundly, but idleness leaves them hungry."
– Proverbs 19:15

- **Missed opportunities**

"A wise youth harvests in the summer, but one who sleeps during harvest is a disgrace..." – Proverbs 10:5

- **Broken relationships**

"A lazy person is as bad as someone who destroys things."
– Proverbs 18:9

- **Boredom**

"Lazy people take food in their hand, but don't even lift it to their mouth." – Proverbs 19:24

4 WAYS TO CONQUER THE SIN OF SLOTH

1. SEARCH for any areas of sloth in my life.

“Search me, O God, and know my heart; test me and know my thoughts.”
– Psalm 139:23

2. FIND significance in and around me today.

“Whatever is true, whatever is noble, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”
– Philippians 4:8

3. SET godly goals to accomplish.

“But you, lazybones, how long will you sleep? When will you wake up? I want you to learn this lesson: A little extra sleep, a little more slumber, a little folding of the hands to rest – and poverty will pounce on you like a bandit; scarcity will attack you like an armed robber.”
– Proverbs 6:9-11

4. STOP making excuses....get started!

“The lazy person is full of excuses, saying, ‘If I go outside, I might meet a lion in the street and be killed.’”
– Proverbs 22:13

“If you wait for perfect conditions, you will never get anything done.”
– Ecclesiastes 11:4